



WACSSO

The Western Australian Council of State School Organisations Incorporated

Welcome to the WACSSO news!

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For more information on these and any other WACSSO issues, visit our website
www.wacssso.wa.edu.au

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Would you and/or others from your P&C like to receive the P&C Voice by email? Please send an email to info@wacsso.wa.edu.au with 'P&C Voice subscribe' in the subject line.

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Mandatory Reporting of child sex abuse

The new legislation requiring teachers, police, doctors, nurses and midwives to report suspected sexual abuse to the Department for Child protection is due to come into effect from January 2009.

From 1 January 2009, all registered teachers will be required to report a belief based on reasonable grounds of child sexual abuse.

Sexual abuse includes behaviour where there is bribery, coercion, threat, exploitation or violence. Abuse occurs when the child has less power or there is a significant difference in developmental function or maturity of the child and the other person.

For further information relating to the reporting of child abuse can be found at the Department for Child Protection website <http://www.community.wa.gov.au/DCP/>

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Bullying – Information for Parents

Bullying is a wilful, conscious desire to hurt, threaten or frighten person.

Who gets bullied?

There is no stereotype for the victims of bullying. Children may be bullied for lots of reasons. Other children may be jealous of them because they are popular or good at sport or because they are different. Whatever the reason bullying is totally unacceptable. Children are often bullied by a persistent and powerful individual or by a group. This makes it hard to stand up for themselves.

Who Bullies?

Children who bully often have high energy levels and good verbal skills, able to talk themselves out of trouble.

They enjoy conflict and aggression and enjoy getting their own way.

They appear popular but are often disliked.

How to tell if your child's being bullied?

Your child always loved school. Now, they complain about not wanting to go – chances are your child is being bullied.

Some of the warning signs may include:

- your child becomes withdrawn, has outbursts and get weepy.
- your child complains of headaches and stomach pains
- your child may have trouble concentrating at school and their marks may drop

What parents can do to help

- encourage your child to talk to you. They may be too frightened to tell or to “dob in” the bully
- get them to talk to their teacher or talk to the teacher yourself.
- ask your child’s teacher or the school principal about the technical programs the school runs to deal with bullying

For further information relating to behaviour management at schools, please go to the Department of Education and Training website at <http://bswb.det.wa.edu.au>
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Healthy Eating Tips

It is always difficult to get children to eat healthy balanced meals. Here are a few tips to help:

1. Get the kids involved. If children are involved in the decision process, they are more likely to eat what they have chosen instead of being told what to eat. For example, ask them if they want a mandarine or an apple in their lunchbox. Also, let them help make dinner or lunch etc. If they help with the preparation, they are more likely to eat it!
2. Start with a good breakfast. Children should always eat breakfast – it gives them energy that can sustain them until the next meal. It is especially important for school children. You don’t want them falling asleep in the first few hours of school when their learning is at its peak! It also helps prevent overeating during the day.
3. Sneak in a vegetable or two! See if you can add a bit of lettuce, or tomato or other salad onto their sandwich for lunch. Carrot, celery and cheese sticks are also easy to put in their lunch boxes and easy to munch on.

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Volunteer Grants Program 2008

The Australian Government has announced funding opportunities are available under the Volunteer Grants Program 2008, which provides funds to eligible organisations whose volunteers are actively working in the community.

Eligible not-for-profit organisations are invited to apply for up to \$5,000 to support the work of their volunteers. This funding will enable organisations to purchase small equipment and sporting items, and to contribute to their volunteers’ fuel costs.

The Volunteer Grants Program 2008 Application Form and Application Guidelines are available at www.fahcsia.gov.au . Organisations are encouraged to read the Guidelines then complete and submit applications online.

Further information is available on the Department’s website or by phoning the Volunteer Grants Program 2008

Holiday Camps

The Department of Sport and Recreation offers Adventure Holiday Camps. These programs offer kids the chance to challenge themselves in a wide range of adventure based activities, while in a controlled environment. Adventure camps provide participants with an opportunity to develop self-esteem, team building skills and social skills, as well as providing a great chance to make new friends. All Camps and Programs are run by experienced and qualified instructors.

There are three Holiday Camps on offer for the next school holidays:

- Bickley, Orange Grove, 9th October (9-12 years) & 10th October (13-15 years)
- Woodman Point, Munster, 9th October (9-15 years) & 10th October (9-15 years)
- Ern Halliday, Hillarys, 29-30th September (9-11 years) & 1-3rd October (12-14 years)

For further information and prices, please ring the Department of Sport and Recreation on 9492 9779 or go to their website at www.dsr.wa.gov.au
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make tracks2school – Registrations Open!

27 October – 21 November 2008 (Term 4)

make tracks2school is a fun and exciting walking and cycling program for primary schools in Years 5 - 7 aiming to encourage children and their families to walk and cycle to school more often over a period of four weeks.

In 2008 the program will run from 27 October to 21 November 2008.

Look out for the registration pack sent to your school or download a registration form at www.heartfoundation.org.au/wa. For further information, please contact Anna Sheppard at the Heart Foundation (08) 9382 5939 or email anna.sheppard@heartfoundation.org.au
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Upcoming Events

Gnowangerup District High School Centenary

Weekend of 25th and 26th October, 2008.

Open school, memorabilia displays, Saturday dinner and entertainment, Sunday combined church service and breakfast.

Wanted: Anecdotes, stories, photographs, and memorabilia for the book and/or display; and Sponsorship for dinner entertainment.

Contact: GDHS 08 98271277, Yougenup Rd Gnowangerup WA 6335,
Wendy.Gordon@det.wa.edu.au to register your interest.

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Flinders Park Primary School Birthday

The Flinders Park Primary School in Albany is celebrating its 30th birthday on Thursday 25th September, 2008.

In keeping with their strong traditions, they will be celebrating 30 years of Art and Music with exhibitions, musical performances and memorabilia. The P&C welcomes all past students and staff to share this evening with us and enrich our celebrations.

For further information please contact Tracy Blaszkow on 9844 7200.

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Dowerin School Centenary & Reunion

25th October 2008

Open school, reunion, memorabilia displays, kids' activities, music and dinner.
Wanted – Stories, photos and memorabilia for displays.

To register your interest please contact Kathy Bailey on 9632 3023 or email

dowerinreunion@westnet.com.au

www.ddshreunion.blogspot.com

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Redcliffe Primary School 100th Anniversary

Redcliffe Primary School is celebrating their 100th year this year. A Gala Fete will be held on Sunday 21st September 2008 from 11am to 4pm. There will be stalls, amusements, entertainment, food and much more. A special memorabilia wall will be on display, and a reunion morning tea for all past and present teachers, students and their families and the community, all are welcome. For any information, please call Donna McNamara (P&C President) on 041 442 7399 or Vicky Bentley (Centenary Committee President) on 041 746 3583.

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Nungarin Primary School 95th year Reunion

Nungarin Primary School will celebrate its 95th year with a Reunion on Saturday 4th October from 11am to 3pm. Official welcome and speeches at 1pm. Light lunches will be on sale. Past and present students, teachers and their families are invited to attend.

For further information, please contact: Robyn Lee (P & C President) 90465110.

Website: www.nungarin.com

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Bullcreek Primary School Fete

On 1st November, Bullcreek Primary School will be holding a fete which will have a range of stalls including games, cakes, devonshire teas, book stalls, preloved toys, great raffles including a stay

at a Broome resort with travel vouchers included. It will run between 12pm and 4pm. We also have stalls for rent for outside vendors who would like to promote their product or service, from \$35 per stall.

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Edgewater Primary School 25th Anniversary

The Edgewater Primary school is celebrating its 25th anniversary in 2008. A evening full of music and fun family activities has been organised with The Mucky Duck Bush Band performing from 6:30 to 8:30. In addition there will be a climbing wall, food and drink stalls and raffles.

Memorabilia will be on display from the past 25 years.

When: 24th October 2008

For further information please contact Edgewater Primary on (08) 94054007 for further information.

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South Merredin Primary School Fete

South Merredin Primary School is having a fete at the school on the 20th September 2008 to raise money for a fitness track to go with our new school oval. At the fete we will have a Belly Dancing exhibition, live music, a fire truck, the local police, Fantasy land, a book stall and much much more. Outside stall holders are welcome at a cost of \$15.00, please phone Shelley on 9041 3297 to book.

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Creaney Primary School 25th Anniversary Celebrations

17th September 2008

Creaney Primary School will be celebrating its 25th Anniversary on 17th September 2008 commencing at 9:00a.m with an assembly with special guests and band performances followed by a morning tea and school tour with time capsule memorabilia viewing.

A new time capsule will be sunk with official opening of special anniversary paved area by dignitaries. The evening from 6:00p.m. onwards will be an open night with viewing of all of the school and food stalls in our hall. Brick pavers will be on sale at \$16.00 each to continue our walk of fame for past students and their families.

Any past memorabilia would be greatly appreciated.

For further information please contact the office on 9309-1588

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Bassendean Primary School Fete

Bassendean Primary School is holding a Fete on its grounds on Sunday October the 19th from 10am til 2pm. Everyone is welcome to come along and take part in this community event. Funds raised will be used by the P&C to create a special garden area for students to enjoy.

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Waikiki Primary School Fete

Waikiki Primary School P&C Association Inc are holding a Fete at our school grounds on Saturday the 8th November between 10-4pm.

We will have Jumping Castle and Face Painting just to name a few along with yummy food to tantalise your tastebuds.

Along with demonstrations and interactive fun, there is something for everyone!

Funds raised from this wonderful community event will go towards purchasing Shade Sails for our playground equipment in our Kindy area and the Year 3 and Year 4 classrooms.

We are asking for stallholders to come and sell their wares – new or used. Book now for \$10 for a 3x3 metre space with free undercover area! (No marquees required)! For further information relating to stallholder bookings, please contact Maresa Robbers on 043 195 7013.

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Website of the Week

Kids in Perth - The Parents Paper

<http://www.kidsinperth.com/>

What is Kids in Perth - The Parents' Paper?

Targeted at parents with children aged up to 14 years, Kids in Perth - The Parents' Paper is a FREE monthly newspaper that can be found all over the metro area and in some regional centres. The largest, longest running and most popular parenting publication in Western Australia is distributed at the beginning of every month. Kids in Perth - The Parents' Paper has been published since 1995.

Where can I find a copy of Kids in Perth - The Parents' Paper?

We are available at over 600 outlets in the metropolitan area - north to Yanchep, east to Mundaring Weir and south to Mandurah and through selected regional outlets.

What will I find in Kids in Perth - The Parents' Paper?

Each month you will find news for and about families in Perth including:

- ï Education and Literacy
- ï Health and Nutrition
- ï Competitions
- ï Entertainment and Events Diary
- ï Sport and Recreation
- ï Birthday Party Page
- ï Just for Mums

- ï Performing Arts
- ï The Nursery
- ï School Holidays Features

How many people can you reach?

- ï The print run is 75,000 copies per month, with a CAB audited circulation of 71,251
- ï Web exposure at www.kidsinperth.com
- ï Readership is estimated to be around 130,000 and is broken down into:
 - 90% mothers
 - 10% fathers and grandparents

How do we keep Kids in Perth - The Parents' Paper in households for a month?

The Events Diary, which is in the centre feature of every issue, provides a list of things happening in Perth that are of interest to families. This spans the first to the last day of the month and ensures the longevity of the paper.

Find us in:

- ï Supermarkets (Woolworths, Coles, IGA)
- ï Bounty Bags given to new mums
- ï All metro MacDonaldis Family Restaurants
- ï All Guardian Pharmacies (including regional)
- ï Shopping Centres (at the information desk or in stands)
- ï Public Libraries
- ï Selected childcare centres, pre-primary and primary schools
- ï Places of family interest (Scitech, WA Museum, Adventure World and Kings Park)

For more information please contact the Sales Office on (08) 9388 1600

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WACSSO Business

Wanted! – Your Good News Story

Each year WACSSO hears of the wonderful work P&C members undertake, but rarely do these reports come from P&C members themselves. On many occasions individual schools have let us know about some of the great work and achievements that their P&C Association have done for the school community. It has occurred to us, and confirmed, that P&Cs are the 'quiet achievers', not readily likely to 'blow their own trumpets'.

With this in mind we invite you to take an opportunity to highlight the successes and achievements of your P&C no matter how large or small. It is perhaps easy to underestimate the good will, appreciation and contribution to the community our vast network of organisations are making. We want to promote your stories at our 2009 WACSSO Conference & in future editions of P&C Voice.

Please send your articles, which may include photographs to:

Jody Quinn, Affiliate Services Officer at affiliates@wacssso.wa.edu.au fax: 9264 4948 or by post:
PO Box 6295, East Perth, WA 6892.

We want to hear you blow your trumpet!
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Canning Central District Council Meeting

The next meeting of the Canning Central District Council will be on:

Wednesday 5 November 2008, 7.30pm
Bramfield Park Primary School (via Alcock Street)
Maddington

All P&Cs from the Canning district are invited to attend. District Council is a gathering of representatives from P&C Associations throughout the district is an excellent opportunity to discuss issues of importance to your P&C and education throughout the state. District Council is a great networking opportunity and a way of sharing ideas; it may even inspire you and allow you to see that you can make a difference. Please contact Terry Brown on 0419 042 377 for more information.

Why not come along and see what it is all about, there is no obligation and all are welcome! Hope to see you there...

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Training P&C and School Council Training

If you would like to have School Council Training or P&C Training, please register your school's interest with the WACSSO Office.

The content of the P&C and School Council training is currently being reviewed. If you have any ideas or thoughts in relation to the content, format or delivery of the training, please contact our Training and Development Officer, Winnie Dyson on 9264 5026 or training@wacssso.wa.edu.au.

P&C Training Calendar

Venue	Day	Date	Time
Quairading District High School	Tuesday	16 th September	6:30pm–9:30pm
Calista Primary School	Tuesday	22 nd September	12pm-3pm
Dandaragan	Tuesday	21 st October	6:30pm-9:30pm
Eneabba	Wednesday	22 nd October	9pm-12pm
Booragoon Primary School	Wednesday	29 th October	7:00pm – 9:30pm

School Council Training Calendar

Quairading District High School	Tuesday	16 th September	4:30pm–6pm
West Leederville Primary School	Tuesday	23 rd September	7pm-8.30pm

Dandaragan
Eneabba

Tuesday
Wednesday

21st October
22nd October

4:30pm-6pm
1pm-2.30pm

Please make sure you confirm your attendance by contacting the WACSSO Office.

If you would like to RSVP or book a session for your school please contact our Training and Development Officer, Winnie Dyson on 9264 5026 or training@wacssso.wa.edu.au.
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Your Questions

Q. Can a teacher at the school be a parent, P&C or community representative on the School Council?

A. No. Anyone employed by the school, regardless of if they are a parent of a child at the school or not, can only represent the staff of the school.

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If you wish to unsubscribe please send an email to enews@wacssso.wa.edu.au with 'unsubscribe' as the subject line.

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